



To: Gulf Bank of Kuwait
Date :01-05-2024

**Subject: Special offer for
Gulf Bank Of Kuwait**

We believe in the necessity and importance of preserving the health of citizens to ensure their physical and psychological comfort. It also supports the loyalty of your employees for the psychological and physical support you provide them through the attention and care you give to the employees and customers.

On the basis of our company's initiative to support a healthy lifestyle in the State of Kuwait, we are pleased to offer you special offers for integrated healthy meals from our company, which include a discount for subscriptions to our various specialized health programs as shown in the table below for employees and customers.





Price after discount	Price before discount	NUMOU Subscriptions + The Way to Sups
127 KD	KD 199	FULL NUMOU BALANCE Subscriptions 26 DAYS by (customer s + app) (Breakfast – lunch - dinner + snack + side)
109 KD	KD 169	FULL NUMOU BALANCE Subscriptions 20 DAYS (customer s + app) (Breakfast – lunch - dinner + snack + side)
106 KD	KD 179	Busy B BALANCE 26 DAYS by (customer s + app) two main meals + side+ (Snack)
88 KD	KD 140	Busy B BALANCE 20 DAYS by (customer s + app) two main meals + side+ (Snack)

Calories per day: 1400 calories

Core

Price after discount	Price before discount	CORE Subscriptions
KD 126	KD 165	FULL core Subscriptions 26 (two main meals + Snack or side)
KD 159	KD 209	FULL core Subscriptions 26 (three main meals + Snack or side)
KD 199	KD 265	FULL core Subscriptions 26 (four main meals +2 Snack or side)
KD 234	KD 310	FULL core Subscriptions 26 (five main meals + 2 Snack or side)

Quantities: max 150 g protein + 150 g carb per serving (weight after cooking)

Main dishes: breakfast - lunch - dinner.

Light dishes "Snacks": sweet - drinks - chips - fruit - popcorn

Side dishes: salad - soup.

Snacks can be replaced with side dishes.

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Other free services:

Tel: 1811888 - Ahmed Al Jaber St. - Crystal Tower - Floor 28 - www.lightfields.co



- 1- Opening a free file with a nutritionist, in order to determine the appropriate program for the client.
- 2- free review during the subscription period to monitor weight and ensure that the desired goal is achieved.
- 3- The offer is valid from 01/05/2024 to 31/12/2024

The following terms and conditions apply according to the company's policy and in agreement with you

To register and contact us:

- 1- To register and subscribe, please download our **NumouWorld & CoreBuild**
- 2- Visit our website by entering the registration link on Instagram Numou.life & Core.Build and log data with your own code.

NOTES:

This offer includes all visa packages

NUMOU : **GBKN**

CORE : **GBKC**

- 3- For inquiries, please contact the customer service number: 1811888 -94133445
- 4- Visit us at the company's headquarters located in - Sharq District - Ahmed Al-Jaber Street - Crystal Tower - Floor 28.

Please accept my sincere greetings,



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