To: Gulf Bank of Kuwait Date : 11/05/2025

Subject: Special offer from Core Healthy Food Subscriptions

We believe in the necessity and importance of preserving the health of citizens to ensure their physical and psychological comfort. It also supports the loyalty of your employees for the psychological and physical support you provide them through the attention and care you give to the employees and customers.

Based on our company's initiative to support a healthy lifestyle in the State of Kuwait, we are pleased to offer you special offers for integrated healthy meals from our company, which include a discount for subscriptions to our various specialized health programs as shown in the table below for employees and customers.



CORE Subscriptions	Price before discount	Price after discount
FULL core Subscriptions 26 (2 Meals + 2 Snacks)	180 KD`	130 KD
FULL core Subscriptions 20 (2 Meals + 2 Snacks)	148 KD	107 KD
FULL core Subscriptions 26 (3 Meals + 2 Snacks)	224 KD	162 KD
FULL core Subscriptions 20 (3 Meals + 2 Snacks)	183 KD	132 KD
FULL core Subscriptions 26 (4 Meals + 2 Snacks)	265 KD	191 KD
FULL core Subscriptions 20 (4 Meals + 2 Snacks)	221 KD	159 KD

Core

Quantities: max 150 g protein + 150 g carb per serving (weight after cooking)

Main dishes: breakfast - lunch - dinner. Light dishes "Snacks": sweet - drinks - chips - fruit – popcorn Side dishes: salad - soup. Snacks can be replaced with side dishes.



2/3

Other free services:

1- Opening a free file with a nutritionist, in order to determine the appropriate program for the client.

2- free review during the subscription period to monitor weight and ensure that the desired goal is achieved.

3- The offer is valid from 11/05/2025 to 31/12/2025

The following terms and conditions apply according to the company's policy and in agreement with you

To register and contact us:

1- To register and subscribe, please download our Core.Build

2- Visit our website by entering the registration link on Instagram Core.Build and log data with your own code.

NOTES:

This offer includes all visa packages

CORE : **GBKC**

3- For inquiries, please contact the customer service number: 1811888

4- Visit us at the company's headquarters located in - Sharq District - Ahmed Al-Jaber Street -Crystal Tower - Floor 28.

Please accept my sincere greetings,



3/3